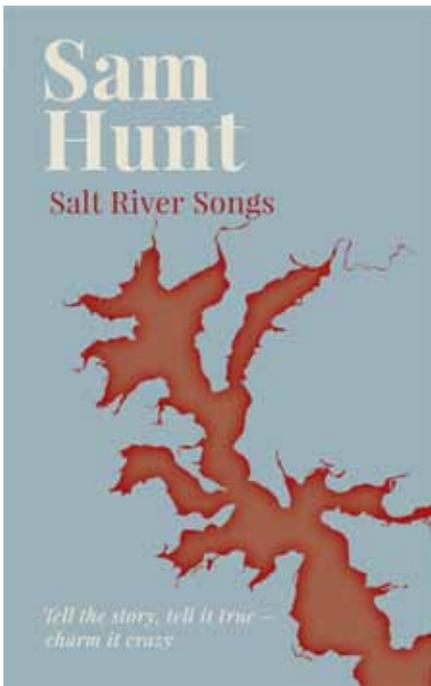




JULY 2016



## Sam Hunt's *Salt River Songs*

*Salt River Songs* is a new collection of poems to mark the 70th birthday of New Zealand's most celebrated poet, Sam Hunt.

Sam Hunt has written these over the last few years in his house that sits amongst a grove of totara trees on the Arapaoa, one of the main salt rivers of the Kaipara Harbour, near to Paparooa.

'As always, his unflinchingly honest, elegiac and moving poems roam around familiar themes of family, friends and lovers, and the challenges of ageing and mortality. *Salt River Songs* has an introduction from writer and journalist Colin Hogg, an old friend of Sam's, and has been published to coincide with Sam's 70<sup>th</sup> birthday.'

*When I was a kid, I was always up some tree. I had a particular tree hut, in the last pine down the section to the sea – I made poems up there. I could, I remember, hear the poems before I knew them. Today, I'm 70. Nothing's changed.*



Born at Castor Bay in 1946, Sam Hunt is one of New Zealand's best known and most celebrated poets. He has been touring and performing his poems for over 50 years, and has published many collections of his poems, from *Between Islands* in 1963 to his most recent, *Knucklebones: poems 1962-2012*. Fifteen years ago, Hunt moved onto the Arapaoa River of the Kaipara Harbour- 'five / gunshots from humanity'.

Sam has received major accolades for his services to poetry, including a QSM, a CNZM and, in 2012, the Prime Minister's Poetry Award. Tune in to the Paul Henry breakfast show and to TV3's 'Story' on 4 July to see our poet onscreen on his birthday! 

**Tell the story, tell it true – charm it crazy**

## The Landing spawns inanga

The Parks Manager,  
Kaipara District Council  
Dear Sir/Madam,

My name is Jodie and I'm from Paparooa Primary School. Lately my class has been going down to the local river we call 'The Landing'. We have put six hay bales out so that when the tide is high the endangered whitebait species can wriggle up from the water and lay their eggs in the straw bales. We have been working with a lady called Kim Jones from Whitebait Connection. Yesterday Kim came in to tell us some exciting news. She found some whitebait eggs in the hay bales we put out. She has organised everything.

We have put out pest detector cards. Some of the cards have just been nibbled at, but some had had half of the card completely gnawed off. One day when we went down to The Landing as a whole class we saw a little mouse sneak out of one of the hay bales and nibble on the pest detector card. We will have to do some pest control by the looks of it!

I'm writing this letter to ask you if you could get the Park Maintenance to stop mowing so close to the hay bales. There could be whitebait eggs in the grass near the hay bales and the lawn mower would kill the eggs.

Thank you for your help to save the whitebait.  
Yours faithfully,  
Jodie Wellwood  
Room 1, Paparooa Primary School.

### Some egg-citing news ...

The inanga spawned in the straw bales at The Landing! If you look closely enough you can see the eye spots which means they are at least two weeks old and should hatch during the next spring.

Kim Jones - Whitebait Connection



## Paparooa Press PP

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## The Glass Guy



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## Introducing Cissy Rock MNZM

In 2015 Cissy Rock and her partner Simie purchased property in Paparooa as they were keen to live in a community away from distractions and traffic jams, sharing a simple life with good people. We welcome Cissy, Simie and their dog Inu to our community and congratulate Cissy on her recent Queen's Birthday award. We took the opportunity to ask Cissy about her move north, her work and enjoyment of performing.

*Although you're not living here full time, how do you find our community?*

One of my favourite things is going to the Farmers' Market- I love how everyone knows each other - the friendliness here has really stuck out - everyone is so kind and generous.

*You were awarded a Member of the New Zealand Order of Merit in the 2016 Queen's Birthday Honours for services to the GLBTI Communities, particularly over the past 12 years. Tell us more...*

I am keen for us all to be visible - being able to be ourselves. I have worked primarily in the women's GLBTI community creating little events and discussion groups. Slowly that has evolved into a strong community. I have taken an approach built on relationship and as we have grown stronger

as a community, so too has our voice. In the last few years I have worked with GLBTI communities to help us to be seen and heard in the Super City - with a float in the Pride Parade and a council stall at Big Gay Out. Setting up The Rainbow Communities Advisory Panel was a culmination of all that work; with many people strategising and believing we could do it.

*Small communities like ours often struggle to support GLBTI youth. In your experience, how could this be improved?*

Being conscious that little things can make a difference, not making throw away comments that put down gay/transgender people, having role models in books or films that are admired. When you are exploring your identity



you are looking for signs everywhere - a badge, sticker, poster or reference is a sign you will not be rejected. After all, rejection is most people's fear, isn't it?

*How long, in your spare time, have you been involved in performance comedy?*

Not long- I persuaded a friend who is a seasoned performer to do an hour long show with me for PRIDE - we had so much fun taking on characters and poking fun at ourselves - two characters belong to the women's protest choir, and crowd favorites Bruce and Andrew were gay boys wanting to have a baby. PP

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## KDC Parks & Reserves upgrades

Have you noticed the extended play area at the Village Green playground and the shiny new swings? They've replaced the old swings that were no longer safety compliant. Also the



cushion fall area has been considerably enlarged in anticipation of new play equipment in the future. Plus, the new 'sit-upon' railings that have been installed are a real improvement over the old bollards.

Recently the riverbank on the farm side from the Village Green to The Landing has been planted with around 400 native plants and in years to come they will be noticed as they grow and help to beautify Paparooa. On a somewhat wet 'shortest day' five keen locals from Keep Paparooa Beautiful and other friends planted a mixture of native trees. They will make quite a display. Our thanks to KDC for the funding and to Jacque Knight who donated 100 additional plants and provided the planting plan. The footpath from Cliff's Bridge to the hall should be repaired during July after it was drawn to KDC's attention last month.

KDC has also provided two new signs at The Landing and Village Green just so visitors know where they are! This is part of a consistent sign programme throughout Kaipara. We were able to incorporate some local graphics in the background on each sign. PP



## Lifestyle Village progress

After widespread support from the community the Lifestyle Village Steering Group presented its findings to Progressive Paparoa Inc., receiving the go ahead to form an entity which will undertake the development of the project.

PPI agreed to fund the establishment of a charitable trust. The interim chair of the trust, Graham Taylor said "this entity will have considerable responsibility as it is embarking on a huge project for Paparoa. Fortunately we are able to call on the services of some highly experienced individuals who have offered

their professional skills in the areas of legal advice, accounting expertise and public relations consultancy. We feel very privileged to have these people on board." Once the trust is properly constituted it will be able to start the process of applying for resource consent and considering options for funding. PP

## Natalie plays Yum Yum

Natalie Birt, ORT's Youth Scholarship winner for 2015, is very excited to be cast in the role of Yum Yum in ORT's production of *The Mikado*. "Every theatre girl dreams of having the opportunity to play a lead romantic role," says Musical Director, Maura Flower. "However, it isn't all glamour – it takes a huge amount of work and dedication, with the reality of learning lines, perfecting songs, and honing acting skills!"

Natalie is a keen singing pupil of Peter Flower, Director of *The Mikado*. "Natalie has been taking Trinity exams in singing for the past few years, as well as performing at the Northland Performing Arts Festival. She has also had minor roles in previous ORT productions and this is her most major role."



Many other Paparoa people will bring their own creative energies to *The Mikado*, including George Skelton, who is the Production Manager as well as being in the supporting chorus.

*The Mikado* is 'laugh out loud' fun for the entire family. Sparkling satire, marvellous melodies, and scintillating silliness abound in this topsy-turvy tale of love and misadventure. Leave your worries behind and journey to a make-believe land of lotus blossoms, levity and laughter.

This isn't the first time that ORT has brought this classic

tale to life. The first production of *The Mikado* was performed in 1972 under the direction of Betty Shepherd - a Life Member of ORT.

Opening night is Saturday July 2nd and the show will run for eight performances over three weekends.

Ticket sales are open at Tony's Lotto Shop, and also online at [www.ort.org.nz](http://www.ort.org.nz). Adult \$28 School student \$16.

An optional \$20 two-course meal package is available for Friday and Saturday shows, at the Country Club. Meals must be booked in advance.

Maura Flower

## Cycle/Walkway Trail for Kaipara?

A group of interested Ruawai people walked part of the Ruawai stop banks with me at the end of May.

It would appear that the first section of the trail going from Ruawai wharf towards Tinopai will not be too difficult to tidy up and make a very pleasant and easy ride for cyclists or walkers. It would be about a 10km return trip. Negotiations are being held with KDC and the Ruawai Drainage Board.

I have had a little bit of interest from Paparoa people.

If you have ideas or would like to join the group to see if we can make this happen contact-stella.clyde@gmail.com

Stella Clyde



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Sun 3<sup>rd</sup>, Sat 9<sup>th</sup>, Sun 10<sup>th</sup>, Sat 16<sup>th</sup>, Sun 17<sup>th</sup> July @ 2pm

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## Paparoa School news

We have had a busy time at school recently, starting on May 25<sup>th</sup> when the whole school travelled to Auckland to visit MOTAT.

Everyone loved the experience.

The transmissions distributor magnetic gears wall in the *Welcome to the Machine* exhibition proved immensely popular, and the *Body in Action* exhibition was loads of fun. Although the trams weren't running, most children enjoyed being able to climb the narrow, spiral staircase to sit at the top

of a tram in seats that were able to change direction. The classroom session allowed us to play with toys old and new and learn about their history.



Our senior class continues their work with the Whitebait Connection and were thrilled when they learned that the whitebait have started to spawn.

They have since written letters to the Council requesting their assistance in looking after the environment to ensure the survival of the whitebait.

We are always grateful for the support we receive from our school and wider community. A group of hardworking parents continued work on re-establishing our vegetable gardens one Sunday afternoon, and we had a fantastic turnout at our annual Quiz Night.

Julie Harper

More school activities during June included:

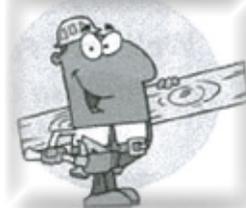
- Room 1 visited the Whangarei Planetarium, courtesy of The Kauri Museum, as part of Matariki celebrations.
- Kaz and Jax from *Bark NZ* visited us with their dogs Razz and Lulu to help us learn how to behave safely around dogs.
- A group of Years 3 and 4 students participated in a Rippa Rugby tournament in Dargaville. They had a fabulous time and played extremely well winning five of their six games.

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## 100 to 1 wins Quiz Night

Another successful Quiz Night was held at the Sports Pavilion on June 18<sup>th</sup>.

A sell-out crowd answered all manner of difficult and not-so-hard questions, and even flew paper aeroplanes in a popular new round for bonus points. While technically there were a few issues, and MC Jenny managed to lose her voice in the introduction, overall it was a great success.

Many raffle tickets were sold for a plethora of locally donated prizes. This year the hotly contested trophy returned once more to team *100 to 1* in a narrow win during the tie breaker round.

Paparoa Primary School PTA is very grateful for the community support of this evening, and looks forward to next year which promises to be even bigger and better! PP



The winners - '100 to 1'



## Change of officers

Paparoa Lions recently held their Change of Officers night and 60 people came to celebrate with the new team, this year being led by incoming President, Ashley Cullen.

Fellow Lions from Dargaville, Northern Wairoa and Ruawai, plus ex-Lions and friends from Maungaturoto, joined in the occasion. Three new members joined the club and new officers were installed for the next Lions' year. Past District Governor and one-time Paparoa resident Huck Taingahue, from Whangarei performed the formalities.

An auction of donated goods was an entertaining way to finish the evening and to increase the club's bank balance. Thanks to Sharl Short for obtaining donations for the auction.

Pete Hames

## Paparoa Hotel surprise

Don't be fooled by recent signs at the Paparoa Hotel. It's been looking like it has been abandoned. However, nothing could be further from the truth!

Owner Pam Goode, can now announce there are new lessees signed up and ready to go. They are full of energy, and ready to provide and create good service with pride and flair.

Kat and Aaron Morris are a young couple who have come from Vancouver, although Aaron is a Napier-raised Kiwi who went overseas to Canada in his late teens. After a few years of subtle hints from Kat, Aaron has returned home to New Zealand for good.

The Morris's are excited to be making a fresh start in Paparoa, where between them they bring a wealth of experience in hospitality, film, event management, graphic design and photography as well as a passion for good food. Aaron is a musician and event planner, Kat an author, make-up artist and self-taught cook. They love the feel of Paparoa, the buzz of our small community, the

setting of Pahi on the harbour, the rural background, and are excited to be settling into a new lifestyle running a country business.

They are working with an Auckland chef to plan the food

menus, and will be focusing on fresh and delicious local ingredients. There will be great opening specials during July and August, including special prices on pizzas. Takeaways will be available - burgers, pizzas and delicious fresh meals. There will be a brand new pub menu and great coffee too!

They'll be up and running as soon as possible with a two to three month plan to get things developed, as there are many other exciting plans on the drawing board. As well as a repaint of the exterior, the garden bar will be extended for the summer season, more



outdoor furniture provided and flexibility of the dining room and bar will be improved with French doors and other glass panels added.

An exhibition of New Zealand photography from the 60's and 70's will grace the hallway, with the plan to change this every four months.

Look out for the opening party, but in the meantime, come in and meet the new managers, they'll love to meet you.

Follow Paparoa Hotel on Facebook for specials and check the new website - [www.paparoahotel.nz](http://www.paparoahotel.nz)

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## White Rock Gallery

White Rock keeps 'Rockin On'!

Winter can be a boring time unless you are an artist or crafter – cold, wet weather can mean being indoors more than usual, so what better use of that time than to be creative.

Our artists have been busy this month preparing for our 'mini' exhibition of *Kiwiana*, to be displayed for six weeks starting Friday 1 July, along with our usual six weekly refresh of work. Our artists have been challenged to produce a small 10"x 10" canvas, and as *Kiwiana* is an extremely large and varied subject, it will be interesting to see the different interpretations. All works will be priced under \$100, and will make great gifts for family overseas, while travellers will find them small enough to tuck away safely to take home.

Several of our craftspeople have also entered the challenge. We have funky tikis made from pure wool blankets, and framed faux flax fabric depicting iconic Maori symbols. Of course there is still the usual display of larger and varied paintings, quilts, jewellery and crafts which our artisans continually strive to produce.

We have been lucky enough to obtain a grant from the KDC Creative Communities fund, which is enabling us to run two art workshops in July, and a two-day mosaic workshop with Pat George in August. These are an ideal opportunity for our members and others in the community to develop and improve their creative talents.

The gallery is always happy to enlarge its membership, so if you or someone you know is creative and would like to share that talent with other like-minded people, membership forms are available at the gallery every day 10am-4pm and we would love to discuss it with you.

## What's on at The Kauri Museum

### A Few of our Favourite Things

The Textiles edition is opening 16 June (within the Boarding House Exhibition Gallery). Staff and volunteers of The Kauri Museum who work alongside its approximately 100,000 items every day, have established their favourites. The team who have worked with our textile collection

have brought some of their favourites together to share with visitors.

### Northland's Legendary Axemen

This first online exhibition explores Northland's Legendary Axeman in a unique series that highlights the origins and evolution of the sport.

Kaipara Art Awards will be on

show from Friday 5 August to Sunday 18 September with an open themed exhibition and competition showcasing Kaipara creativity.

### Matariki: Seven Stars, Seven Stories

Until 19 July, the Matariki-themed art exhibition for the old Otamatea District's seven primary schools. PP



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### Northland's Legendary Axemen

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5 Church Road, Matakoho, Northland. p: 09 431 7417 w: www.kaurimuseum.com

## Spotlight on ... Eccentric Ukes

The Matakoho based ukulele group, aptly named *Eccentric Ukes*, began almost four years ago. Dennise Brownlie felt a need to extend her knowledge of the instrument and along with a group of other like-minded residents of the area, formed the band. Ages have varied from children to oldest member Ted Trembath who is 84 and plays a 'banjolele' (which is almost the same age). Now the group is looking out for any interested people with a basic knowledge of the ukulele and its chords, but as they are so busy they cannot accept people who have never played.



We began by gathering together any sheet music we felt would suit the uke and now have a repertoire of hundreds of tunes suitable for many ages and tastes, from world war favourites to country and western and sixties hits. From those small beginnings we have busked at various Kauri Museum open days, at the Paparoa Markets (where we're regular players) and we also

have three Rest Homes where we visit regularly and sing all the old songs to the residents. Other venues we've played at include Paparoa's Wearable Arts, Matakoho's Pink Ribbon breakfast, White Rock Gallery's Summer Fair, fundraising concerts at Wellsford and a gig for the Warkworth RSA Club's 100-year commemorative dinner. As many of these are charity shows, we often play

for free. There was the recent fundraiser for storm ravaged Fiji at Dargaville and we have also played in a concert held by Kevin Friedrich, a world-renowned accordionist, who holds annual fundraiser concerts for Dargaville Museum. Kevin has invited us to join him next year for the tenth gala anniversary show which is very exciting. The name of our group suits a

range of ages and professions and we enhance it by dressing rather eccentrically at gigs. We have a lot of fans who praise our individuality and one recent comment was that we have a lovely energy. We love our music and we love to see toes tapping and people smiling as they recognize a tune. That's really what we are all about.

Dennise Brownlie

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Developing good notation reading skills is a steady process that comes with regular practice and needs to be supported with some written theory work to help the learner gain better understanding of note placements on the staff.

I tell all of my students that music notation is a CODE and it needs to be CRACKED. Once you have cracked it, you will be able to confidently read the only universal language in the world. That's Music. *Universal and unique.*

Transferring the notation to positions of notes on the piano requires good eye-hand co-ordination as well as good posture of the body and the hands and arms to enable controlled playing with nimble fingers.

So what are you waiting for? Get *code cracking* and *finger nimbling* today.

## PTA Vintage car rally

On July 2<sup>nd</sup> around midday about 50 vintage cars from the Wellsford/Warkworth Vintage Car Club will be stopping in Paparooa at the Hall on their lunch break which will be catered for by the Paparooa Primary School PTA. They will be there over a two hour period or so and the community is welcome to come and have a look at the cars. The PTA will be selling sausages and baking so come and have a look at this vintage spectacle.

## Adventures under the Walnut Tree

It's been a busy Term 2 at Paparooa Playcentre where there's been a big overhaul. We've cleaned, gardened, waterblasted and reorganised our way towards a more welcoming centre for our children to learn and explore.

A BIG thank-you to all the families who help to make our centre the very best it can be. We might be small, but we definitely make up for it in spirit.

But don't be fooled, it's not all work, there are plenty of opportunities for play too. We've had pikelet making, juice making, and lots of music making. We also learned about Matariki with Polly, and of course it wouldn't be Playcentre without a lot of painting, gluing, and playdough making!

Work has begun on our Paparooa Playcentre family tree. This is an opportunity to show the children how we

are all connected as one big Playcentre family.

If you're interested in attending a session to see if it's the right place for you and your children, please don't hesitate to come along. It's a wonderful place to make new connections and to rekindle old ones.

If you have any questions, feel free to call Playcentre during session times, 021 1852 954 or Grace 021 0379 445 or 556 9141, Bianca 4316 730 or 021 782 456.

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## Wearable art celebrates Scottish heritage

As you approach the turnoff into Waipu on Highway 1, the huge wooden figure of a Scottish piper stares down at you. Waipu is famous for its Scottish heritage and for its welcoming atmosphere, friendly cafes, New Zealand's best small museum and the iconic surf cove a wee bit further down the road.

This heritage is even more in evidence during July's 'Tartan Month' when a whole series of events occur celebrating all things Scottish. The festival commemorates the 1792 repeal of the notorious Act of Proscription when, for forty years after the famous Battle of Culloden, Scots were forbidden to wear their tartan.

Steadily growing in popularity since its inception six years ago, the now iconic Art'n'Tartan Wearable Art Awards are the culmination of the present day annual Waipu festival. Contestants are invited to submit pieces of wearable art which must all contain some element of tartan.

Sections such as *Salute to Scotland*, *Dressed to Kilt* and *Engine Room* - the latter paying homage to the many amazing Scottish engineers and inventors - bring a variety of stunning designs.



2015 Supreme Award winner, Annie Newall  
S'loch'ana - The Scottish Hill Trow

The show, held in Waipu's Celtic Barn, is produced by the Waipu Museum along with a whole host of dedicated volunteers.

Alister Williams, well known in Northland for his excellent work with music, drama and dance, is this year's show director. He will create a kaleidoscope of artwork, music, light and dance interwoven with myth and magic.

Appearing on stage along with the contestants, will be the amazing troupe of young dancers 'Pulse', piper Bain McGregor, celtic music maestros Twisty Willow and young performers from Circool circus school, to name but a few.

Art'n'Tartan is supported by Whangarei District Council and this year the sponsorship by Northland businesses is over twenty thousand dollars with a prize pool of sixteen thousand dollars. Competition for these amazing prizes is intense.

Waipu Museum Art'n'Tartan Wearable Art Awards takes place this year on July 22 and 23 with three performances. (Friday, 8pm, Saturday 2pm and the Awards Night at 8pm). Tickets are available online from Eventfinder or direct from the Waipu Museum.

Further details can be found on the museum website, [www.waipumuseum.com](http://www.waipumuseum.com), or direct on 09 432 0746. You can also be kept up to date on the Art'n'Tartan Facebook page.

Tickets are already selling extremely fast - an event not to be missed!

Annie Newall  
Waipu Museum  
Wearable Art Awards

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## NKAA Paparoa Show news

The AGM has been held and the following people are now holding office:

President - Kate Battensby

Secretary - Ann Butler

Treasurer - Gerard Sullivan.



Please take a look at the display of show cups and trophies in the shop window of the Zephyr Oyster shop in Paparoa.

Also have a look at the show website [paparoashow.org.nz](http://paparoashow.org.nz) to see the schedule for the 2017 show's Indoor Section. Printed Show schedules will be available later this month from Skelton's Drapery.

See page 12 for President's Annual Report 2016. PP

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Community Matters with Libby Jones

**Volunteer week**

The middle of June each year is *National Volunteer Week*, and chances are that it passed you by unnoticed. The theme this year was 'Make time and Thanks for making time.' It was both a call to action and an appreciation of those who make such a significant voluntary contribution to our communities.

In our busy lives, time is what many people feel they lack most. Trying to make time to fit in anything else can seem like an impossible task. In fact, lack of time is the most commonly cited reason why people don't volunteer, even though they say they would like to be able to help.

Of course sometimes this can be a handy excuse to avoid getting involved. In other cases, if it is not made clear to potential volunteers how much time is expected, what they will be required to do, and importantly how they can exit an organisation, they may hold back from coming on-board.

Community groups often rely on the goodwill of volunteers, without considering the value they bring to the organisation. Volunteers need to know their involvement does make

a genuine difference and that their contribution is both recognised and appreciated.

Good volunteer management creates a win-win situation for the volunteers and the group. A bit of planning and the right person leading the team can make all the difference to volunteers' motivation to become and stay involved.

It is important to create a welcoming environment, which includes responding to enquiries and finding out what motivates your volunteers to keep them interested. It may be different for each person. There are many factors that contribute towards helpers staying in an organisation, including personal (e.g. motivation, life stage, and available time), as well as organisational (e.g. length and usefulness of

meetings, good leadership and communication). Recognise, appreciate and thank your volunteers and supporters regularly and genuinely, and of course have fun.

There are organisations available to support community groups if they need help in this area, such as *Volunteering NZ* and closer to home *Volunteering Northland*, as well as businesses who offer training and support such as *Exult*, and others that help with specific purposes such as *CreativeNZ* and *SportNZ*.

If you haven't acknowledged your volunteers recently, don't worry if you missed *Volunteer Week*. Take the opportunity to recognise and thank them for the work they do in your group and community, and check in with them about how it is going for them.

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**More market stalls**

A recent popular addition to the Farmers' Market range of produce is Mahoe Cheese. Well known throughout Northland, Mahoe is made 'on the farm' near Kerikeri. Their range includes Gouda, cumin and blue cheese.

The market has also welcomed Butterfly Valley who sell vegetable seedlings and native plants. Proprietors Valerie and Errol recently moved to Paparoa and have established a small nursery but are looking to expand their lines.

The community fundraising stall provides ready to eat food items such as bacon sandwiches and home made baking.

Don't forget the market is on every Saturday even through winter so you can always get quality produce and gifts as well as enjoying the market atmosphere. PP



Helen Cairns with Mahoe Cheeses

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## Pink ribbon morning

The warm buzz of conversation between old friends and new arose amongst breakfast-goers at the recent *Pink Ribbon* event held in the Matakoho Hall. Greetings were made over the choosing between a glass of juice or sparkling wine and thence on into the cosy hall where 100 settings around 10 tables were soon filled.

Happy toe-tapping music was supplied by the Eccentric Ukes, all dressed in various pink attire. Raffle tickets were purchased and lively chatter was soon followed by the breakfast meals coming out of the busy kitchen.



The breakfast catering team - CaterKing



The full-cooked breakfast (banana/bacon pancakes or eggs benedictine) had been pre-chosen at ticket purchase which meant very efficient organisation; they were all delicious and well cooked.

Raffles were drawn, and the organisers CaterKing (Wendy and Ryan Sheppard) thanked everyone wholeheartedly for

The Eccentric Ukes entertain their support, the donated raffle items and their kitchen helpers. This eighth such event raised just over \$2,303 for the New Zealand Breast Cancer Foundation, an amazing effort.

The Foundation supports women with breast cancer, gives money for research to improve treatment and

survival, and most importantly promotes education for early detection through mammograms and self diagnosis.

"This year, 600+ women may die of this disease"- so there is plenty to be done to make the odds far less just by encouraging use of the free screening available in New Zealand!

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## Otamatea Grey Power

Our May meeting had much discussion including:

1. Organising a petition to government over the legalisation of cannabis plant derivatives for illness and palliative care.
2. Our concern over the use of gyphosates for weed control. A letter has been sent to KDC.
3. Fluoridation of water supplies.

Join us at Grey Power so we may be one voice to government, endeavouring to retain and regain our right to a healthy and fulfilling life. For more info contact Kathleen Pattinson 4318 960 or Beverley Aldridge 4319 188.

Online link for the petition is: [toko.org.nz/petitions/petition-to-re-legalise-growing-small-quantities-for-health-benefits](http://toko.org.nz/petitions/petition-to-re-legalise-growing-small-quantities-for-health-benefits).



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# NKAA President's Report 2016

Thank you and welcome to our 2016 North Kaipara Agricultural Association Annual General meeting. This last year has been exciting, challenging, frustrating and rewarding.

The weather put a huge cloud over this year's Paparooa A&P show. It rained right up to the opening of the show, cleared up for a hot and sunny show day, then rained again straight after the show.

Once again the committee and volunteers stepped up and shone through, under immense pressure and expectation, but succeeded in putting on a hugely successful show.

### Thanks must go to:

- all our stewards, judges, volunteers and helpers
- our co-ordinators who run their events with skill, enthusiasm and determination.
- Gabriella and Sue, who took on Dairy Goats and Cattle.
- Stella and her team at the indoor section.
- Ken and Kate for making sure we had shearing.
- Jason, Trevor and Karina for our wood chopping.
- Tracy for manning the show table.
- Elaine and her team for lunches and refreshments.
- Gary for making sure everyone had what they needed.
- Mike and Ross for most everything else.
- And a special thank you to Jeanette who runs the equestrian event almost single handed! And at a profit. A huge achievement.

I would also like to take this opportunity to thank our outgoing committee members:

Mike Poyner - my sounding board and 'go to' guy, who's

going to go 'chasing bees'.

Elaine and Gary Christie - for helping sort the Association and the Show, setting up templates, bringing new and fresh ideas, enthusiasm and commitment. All the best on your new adventure.

Last year I wrote about volunteers and the community. Between the last AGM and this AGM we had two new volunteers join us. A very small team to run this area's largest event. Are we wasting our time, our energy and our resources?

It's easy to stand back and criticise, to be a naysayer and a road block on our journey. But without people prepared to step up and get involved, teach, learn and help each other, we may as well sell our assets and issue grants for rural activities.

I now challenge you to become involved in your community; join an association, a club or a group. Not just to participate, but to help run them. We have some wonderful and historic events that need supporting. But we may lose them to history and once they're gone may never return.

As I step down as President I would like to thank my committee and my supporters for having faith in me to do the right thing by them, by the Association and by the Paparooa A&P Show.

Thank you, Gerard Sullivan



# September Hospice luncheon

The Paparooa/Matakohe supporters of Hospice Kaipara are in the process of organising another of their great fundraising luncheons. So please keep Wednesday 14 September free and come to the Matakohe Hall. There will be the usual great lunch: cost \$20, plus numerous multi draw raffles.

Doors open at 11am to give time for mix 'n' mingle which is really important because you meet everyone there. Seriously! You have a good lunch, a great social time, and the pleasure of supporting a very worthwhile cause.

The aim this year is to provide the funding for specialised pressure air mattresses which not only contribute to patient comfort but allow for more skilled and professional nursing of clients in their own homes.

Tickets will be available from:

- Skelton's Drapery, Paparooa
- Maungaturoto Pharmacy
- The Hospice Shop, Dargaville
- Ruawai Beauty and Health
- Dianne McCracken, Tinopai.



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## Viral storm over ... swearsy tea cups!

One of the amazing artists we have in our midst has had a very busy few weeks lately. Karen Dennis (aka Trixie Delicious) had an image go viral on Facebook (*which we shan't print due to the kind of language used!*)



7 Sins by Trixie Delicious

After 5.6 million views and countless 'shares' later, orders for her works have flooded in from all corners of the globe, leaving Karen with a desire to hide out for a few days.

She recycles vintage plates and tea cups, hand painting the porcelain with all manner of words; most of them creating a disorientating juxtaposition against the feminine flowerwork with something bold that perhaps not everyone would hang on a wall.

Karen and husband Nigel have lived permanently in Paparoa for the last three years, and have owned land at Whakapirau for 15 years. It was their weekend holiday destination while their children were growing up.

An artist forever and to her core, Karen was finding her sculpting work becoming more physically difficult, and would only become more so.

Wanting to retain the ethos of reusing and recycling old things, she moved into the porcelain art work she is now renowned for. Her online store, *etsy*, was still a new concept. but she rode the wave with her ideas, receiving great suggestions and custom work from international buyers.

Now, ten years later, she has more work on her plate than one person could shake a tea cup at! If you wish to view Karen's work, a google search for *Trixie Delicious* will bring up her store, but don't say you weren't warned about the mature content. PP

## Letters from the Old Post Office

### The winterless North

The man-in-the-shed is wearing thermals.

Yesterday, he finally ventured out into the shed clad in two thermal singlets (one pink and one black) a blue and grey striped woollen jumper (formerly his good jumper) and a pair of attractively paint splattered navy trousers (also formerly his good going out trousers until he got confused and thought they were his work jeans, apparently because they are both blue).

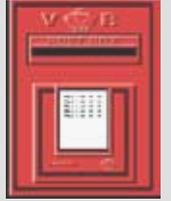
This picture of sartorial elegance was topped off with (or rather bottomed off with) a mismatching pair of greyish woollen socks (please refer to the previous soccus article discussing the whole issue of socks) and Roman sandals (because he couldn't find his new gumboots). The dog and I finally tracked these down nestled on a bed of clean washing in the corner of the bedroom.

Much muttering was heard from the shed and the dog and I deemed it best to busy ourselves elsewhere. Faint expletives and references to sub tropical and Northland could be heard, along with remarks pertaining to the woosy wearing of thermals, let alone pink ones.

The dog and I allowed ourselves a smug grin.

If one abdicates from the wonders of shopping, then one must grin and wear it.

Deb



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# HEY, KIDS . . . JUST FOR YOU . .



Winter arrived on June 1st with a couple of crisp, frosty mornings. There has been rain and mud everywhere, and winter sports are well underway.

Here are some winter inspired jokes, and a word search to keep you occupied.

c	d	s	n	j	d	c	s	u	g	r	s
f	o	f	k	n	n	r	r	d	t	d	
r	x	s	i	i	e	e	n	c	o	l	d
o	x	w	y	p	t	z	t	o	k	c	x
s	q	m	p	n	r	a	b	b	r	r	m
t	e	i	i	e	o	m	x	h	a	z	u
c	l	w	c	g	u	e	l	r	i	l	d
s	j	c	l	g	k	q	e	r	n	w	l
l	o	s	o	u	p	v	u	b	w	b	k
s	i	s	u	g	i	j	a	c	k	e	t
a	c	l	d	h	d	s	n	o	w	i	l
q	e	x	s	r	u	g	b	y	o	p	b

clouds  
cold  
cosy  
frost  
gumboots  
ice  
jacket  
mud  
netball  
rain  
rugby  
shiver

ski  
slippers  
snow  
soccer  
soup  
wind  
winter



## Winter jokes

- Q. What did the big furry hat say to the warm woolly scarf?  
A. You hang around while I go ahead.
- Q. What's an ig?  
A. A snow house without a loo!
- Q. What do you call a snowman in the summer?  
A. A puddle.
- Q. What do snowmen wear on their heads?  
A. Ice caps.
- Q. How does a snowman get to work?  
A. By icicle.



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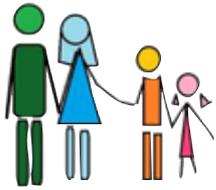


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## From our family to yours ... The benefits of mud

As parents to free-ranging feral children, when the rain turns a hill into a mudslide, then all thoughts of immaculate lawns go out the window, as the children must slide in this mud!

Turns out there is some solid evidence mounting behind this messy fun too. New research has shown that exposure to friendly soil bacteria (*Mycobacterium Vaccae*) stimulates the immune system causing the brain to release serotonin, the endorphin used to regulate mood. This also helps to reduce vulnerability to depression, and perhaps even regular muddy play can help to reduce allergies and asthma symptoms. Society has become very 'clean' with antibacterial wipes, soaps and sprays regularly removing ALL bacteria, including the good. Nothing wrong with a bit of dirt, to balance it out!



The washing machine is perhaps the least happy of this arrangement, and we limit mud bathing to once a

week for this reason and also because the clean off with freezing hose water is not greatly appreciated - even

though there is research in that arena too.

A few years ago, a german study revealed people who showered for two minutes in cold water developed fewer colds than those who took a hot shower. Why? Because the mild stress makes your immune system think it should be doing something and gives it a mini 'workout'. This theory is backed up by czech scientists who discovered that those who immersed themselves in cold water three times a week had a much higher level of white blood cells than those who didn't.

So there you have it. Slide around in mud, have a cold shower afterwards and keep healthy!

Jenny Gilbert-Longdon

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## Pets in the Valley



Not too many prizes for guessing what happened to this dog!

The dog was brought into the clinic on Monday morning with a history of having hurt his leg on Saturday - may have caught his leg in some wire.



The foot and up to the hock was rather swollen and the dog wasn't walking on his leg. We decided to take an x-ray to check for any fractures. Low and behold the cause of the problem was immediately revealed! At least 11 shotgun pellets in the leg (good thing they're not lead anymore or he may have ended up with poisoning as well), plus a crack in the end of his tibia.

The story that unfolded was thus: owner was going duck shooting with two dogs, this one and a younger one. The younger dog took off ahead towards the dam and put the ducks up. Owner slips as he is taking a shot at the ducks and the shot goes awry. Dog doesn't miss a beat - jumps in dam - and retrieves ducks all day. As they leave owner notices blood on the dog's leg and thinks he must have caught it on some underwater wire.

The take-home message is *be careful out there!* It is not just people that get accidentally shot during the duck shooting season!

Janine

P.S. Dog healed amazingly well despite my fears of bone infection given the muddy water he swam in all day after the 'accident'.

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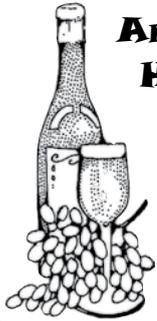
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## Sheila's Choko Pickle

As there are still some chokos around, this month's recipe is for a choko pickle. Chokos (chayote) originated in South America.

- |                     |                     |
|---------------------|---------------------|
| 1.5kg chokos        | 6 cups malt vinegar |
| 1 small cauliflower | 1.5kg brown sugar   |
| 500g onions         |                     |

- Cut up the chokos, cauliflower and onions; cook in the vinegar
- Add the brown sugar and cook until tender - about 30mins
- Mix the following to a paste

- |                      |                 |
|----------------------|-----------------|
| 1 cup malt vinegar   | 1 tsp pepper    |
| 1 tbsp dry mustard   | 1 tbsp turmeric |
| 1 tbsp curry powder  | 1 tbsp salt     |
| 1 large cup of flour |                 |

- Add to the pot and cook 10mins:
- Bottle and enjoy with cheese or cold meat.



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## July Gardening

Well theoretically, as we have passed the shortest day, we are working our way back to spring, although it always seems the worst winter weather comes after the shortest day.

It's time to think about what you want to grow next season and check out the catalogues. Hopefully you have planted your garlic, cleaned up around your fruit trees and cleaned up around the perennials. If your strawberry plants need replanting or you need new plants, now is the time. If you can grow them in a raised garden and put netting over the top you will have a better chance of beating the birds. Feed them with a good dose of sheep pellets or sheep manure that some of the Duke of Edinburgh students have been selling to raise funds. Strawberries are reputed to crop better if they have a good winter chilling. Not sure if we will get that up here in the north.

You can start planting early spring seeds towards the end of this month, but do it in a protected environment as it can be cold at night. A hot bed is a good investment if you want to get started early with seed sowing. It's also useful for getting cuttings started. The advice I was given when looking at a large scale cutting-growing operation was "cold tops and hot botts!" It seems to work well too!

Time to plant and prune roses this month. And also time to plant sweet peas, poppies and calendulas, but watch out for the slugs and snails.

Stella



## Tinopai Tales

### Holiday markets

Queen's Birthday weekend saw a good crowd at our 4th Market Day for 2016 held at the Tinopai Hall. The markets are held on Saturdays during Long Weekends.

As usual there were lots of goodies for sale; home baking, preserves made from our local produce, new and used clothing, bric a brac, new-cycle goods, books, handcrafts and a sausage sizzle to boot.

Stall holders pay a small fee to cover hall hire and the balance is donated to the local Coast Guard. Our next Market will be held on Saturday of Labour Weekend.

Heather Revel



Some of the local fare for sale at the Tinopai Markets

## Kaipara kids' yoga

Why would you encourage your kids to do yoga? Here are seven great reasons: which also apply to adults!

- Develop body awareness
- Learn how to use their bodies in a healthy way
- Manage stress through breathing, awareness, meditation and healthy movement
- Build concentration
- Increase their confidence and positive self-image
- Feel part of a healthy, non-competitive group
- Have an alternative to tuning out through constant attachment to electronic devices.

Kids' Yoga is being run in Paparoa on Tuesdays from 3.15-4pm with Jenny Gilbert-Longdon (\$2 per child) and feedback from the kids has been great.

Each session is different, with games, stories and mandala colouring, lots of animal noises and fun. In the summer we will be outside on the grass, and will therefore be able to have higher numbers of children. Paparoa Kids Yoga takes a

break through July, returning the first week in August, and if you would like a spot for your child (ages 5+) get in touch with Jenny Gilbert-Longdon.

Kids' yoga is also held in Maungaturoto on Mondays with Natalie Stone (\$8 per child).

If you are interested, for you or your child, please get in touch on Facebook with either teacher. 



## Otamatea Quilters challenge

Otamatea Quilters Challenge Day was held in May. A year ago members were challenged to make a monochrome quilt (using just one colour) which was to be 12"x12". There were 14 entries and first place went to Lynn King, second to Margaret Needham and third to Roz Dick.



The challenge for next year is to make a table runner using mostly the strip of material given to each member, to which other pieces may be added. There is a year in which to complete the challenge.



The Quilters will hold their annual show at the Kauri Museum during October and November.

They meet at 10am every first and third Mondays of the month at the Paparoa Hall 10am. Anyone interested in joining is most welcome. For more info ph Lynn 09 439 2262.

Betty C

**TE RORO A**  
LEARNING ASSISTANCE 

### TE RORO A LEARNING ASSISTANCE

We are offering the following programmes in Dargaville and Maungaturoto:

- Digital Literacy
  - Literacy, Language and Numeracy
  - Financial and Life Skills
  - Healthy Lifestyles
  - Driver Education
  - Work Readiness
- Dargaville is also offering Te Reo Maori and Youth Arts

### ENROL NOW

As well as the above, we are offering Tutor Training (National Certificate in Adult Literacy and Numeracy Vocational/Educator). Some conditions apply.

For more details about our programmes or our Tutor Training please contact Steph or Janet on 0800 555 635



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## Bereavement thanks

To the Paparooa and Maungaturoto Community

We wish to convey our heartfelt thanks to all the community members who have joined in such a generous and caring way following the tragic death of our son, Jamie. The food and flowers given, messages of condolence and prayers offered up on our behalf have been a great strength to us. Our heartfelt sympathies and prayers are with Russell Stewart and his family in their deep sorrow.

Jamie was just 18 years old, he was a firm believer in the Lord Jesus Christ and we have the assurance and ultimate comfort that he is safe in His arms. The Word of God through the Apostle Paul in 1 Thessalonians 4 v 13 - 18 gives us this assurance.

Once again thank you all!

Jeff, Anthea, Tarli, Sara, Larry and Casey Wearmouth

*Paparooa and Maungaturoto communities have all the felt the loss for both Wearmouth and Stewart families. The Brethren have long been part of the fabric of our towns and the rent will take some time to mend. Our sympathies remain with them as they do with all members of our communities who have suffered loss.* PP

## Annual General Meetings

### Progressive Paparooa Incorporated

AGM Wednesday 20 July  
Paparooa Hall 7.30pm  
All welcome.

### Paparooa Hall Society

Committee AGM  
Monday 6 August, 6.30pm  
Paparooa Hall  
All welcome

**Does your organisation have something interesting to tell the community?**

We'll be happy to place your news space permitting

contact Paparooa Press  
email preferred  
press@paparooa.org.nz  
09 431 7209

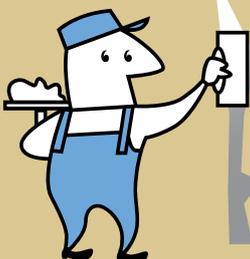
**Paparooa Library**   
is open on these Saturdays  
from 9.30 - 12.30

Saturday July 9 & July 23  
Saturday Aug 6 & Aug 20

Avoid confusion and mark these dates on your calendar. We're only able to be open every Saturday fortnight.

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## With Sincere Thanks

Following the recent road tragedy in Kaipara, the Westmount School community and the families affected have been overwhelmed by the kindness and condolences extended.

Hundreds of community groups, schools, businesses and individuals have given support in many different ways. This has been a significant comfort to all who are suffering from the loss of family members.

On behalf of our community, I would like to acknowledge this support and express our gratitude. It is deeply appreciated and will never be forgotten.

Phil Muir  
Northern Region Principal  
Westmount School



## OUT & ABOUT

**Our heartfelt condolences** go out to the Stewart and Wearmouth families in their tragic losses of Suzie and Sadie Stewart, and Jamie Wearmouth.

**Congratulations Sam Hunt** on your 70th birthday. Sam has an interview on National Radio's 'Sunday Morning with Wallace Chapman' on 3 July. You may also like to catch him on TV3's Paul Henry breakfast show and 7pm 'Story' on 4 July.

**Good neighbour in town** Roger Price took time one weekend to waterblast the Paparooa town footpaths in front of shops as well as extending onto the shop frontages. Well done.

**Another local good sort** Gary (Gravy) Greaves spotted on Pahi Road picking up rubbish, especially cans we suspect locals are responsible for.

**Ford Road** keeps losing it's road signs which is extremely annoying to people out the Marohemo/Whakapirau way. We can only surmise they are being sold, or otherwise, as trophies for people by the name of Ford or who have a fondness for Ford vehicles?

**Community Church Soup-a-Friday** is held on the last Friday of the month during winter. Come along at 6pm for some company and fellowship and a meal provided.

**Art'n'Tartan** Tickets are available now for these shows on 22 and 23 July. It's a kaleidoscope of artwork, music, light and dance interwoven with myth and magic. Enquiries waipumuseum.com or 09 432 0746 (see story page 9).

**Kaipara Art Awards** feature at The Kauri Museum, opening night 5 August. Exhibition open until 18 September.

**Paparooa Volunteer Rural Fire Force** AGM Monday July 4, 6pm at Paparooa Hall. From July 6 training nights change to the first & third Tuesday of each month (not Monday).

**Cruiser Bar** Justin and Sam Healey have reopened this popular bar & grill, 7.30am to 10pm Tues-Sun, with Sunday Roast's from 5.30pm, Sundays!

**g.a.s. Paparooa** Now that John and Nicky have retired, we welcome the new owners- also starting at the beginning of July.

**Paparooa Hotel** is also re-opening in July with new managers, and a new style (see feature page 5).

**The Matakohe Bridges Project** public meeting is yet to be held. No date has yet been set, but Sue Reyland will advise when she has it arranged with the principal transport planner from NZTA.



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**WHAT'S ON - JULY 2016**

**SPECIAL EVENTS & MEETINGS**

**Community Dinner** Paparoa Sports Pavillion, Sat 2 July 6.30pm  
**ORT - The Mikado** opens 2 July, season runs to 17 July Theatre (Details page 6)  
**Paparoa Fire Force AGM** 4 July 6pm Paparoa Hall. All welcome.  
**PPI AGM** 20 July Paparoa Hall 7.30pm. All welcome.  
**Paparoa Hall AGM** 6 August Paparoa Hall 7.30pm. All welcome  
**The Kauri Museum** "Matariki" to 19 July "A few of our favourite things" from 16 June; "Northland's Legendary Axemen" video/digital presentation from June 29  
**Kaipara Hospice Luncheon** Matakoho Hall 14 Sept from 11am

**REGULAR EVENTS, MEETINGS AND ORGANISATIONS**

**Anglican Church St Marks** 1st, 2nd & 4th Sundays 10am, Hook Road, Paparoa  
**Ararua Church** 10.30am every Sunday, All welcome ph 431 6622  
**Art Studio, Ruawai** Mon 10-12noon; Tue 7-9pm, ph Frances 439 2554  
**Arty Farties** Summer Markets 9am-noon, opposite Village Green; Thur/Fri in the 'Tile Shed' ph Anne 431 6229; Crafty Kids Club 1st Sun of month 10-2pm at the Shed; Beginners Patchwork Group, Mon 7pm, Te Pahi River Dr.  
**Badminton** Thursday - teens & adults 7pm, Paparoa Hall ph Pete 4316 822  
**Crafternoons** 1st & 3rd Wed in month, 10.30-4pm, Tinopai Hall ph Jo 431 7219  
**Exercise to Music** Tue 10.30am Paparoa Hall \$5 ph Rose 431 7418  
**Farmers' Market** Every Saturday 9-noon, Village Green  
**Fire Force** 1st & 3rd Tuesday in month 6.30pm Depot Rd ph Cohan 431 6668  
**Gardening Club** 2nd Wed of month, ph Lyn 431 6090  
**Grey Power** Last Wed in month, 1pm, Anglican Church Hall, MgtO  
**Library** Mon 1.30-4.30pm, Wed 10am-12noon, Thu 1.30-4.30pm, Fri 9.30am-1pm  
 Open alternate Saturdays - Jly 9 & 23, Aug 6 & 20 - 9.30-12.30pm  
**Line Dancing** Thurs 10am-noon Paparoa Hall ph Rose 431 7418  
**Mainly Music** Wed 9.30am Paparoa Comm Church, ph Rebecca 431 7550  
**Matakoho Music Makers** 2nd Wed month 7pm BYO Sports Pav'n \$2pp 4316772  
**Otamatea Quilters** 1st & 3rd Mon month 10am, Paparoa Hall 09 439 2262  
**Outdoor Bowls** Maungaturoto Green ph Tony 431 6026 or Brian 431 6884  
**Paparoa Community Church** 10.30am every Sunday, 4 Hook Road 4317106  
**Paparoa Hall Functions venue** ph Robyn 431 7306 or a/h Loraine 431 7290  
**Paparoa Lions Dinner Meetings** 3rd Mon in month 6.30pm, Sports Pavilion  
**Paparoa Playcentre** Tues 9:30am-12:30pm, Fri 10am-1pm ph 0211852954 Playcentre or Grace 0210379445 or 556-9141 or Bianca 431 6730 or 021 782 456 Visitors welcome  
**Paparoa Primary School** Term ends July 8 term 3 starts July 25  
**Paparoa Toy Library** Wed 10.30-1pm, Paparoa Comm Church, Hilery 431 7330  
**Sacred Soul Circle** 2nd Sundays, 10am-12 Marohemo hall ph Helen 021 938 024  
**Selwyn Centre** Thurs 10am for over 65's, St Marks, Hook Rd, ph 431 8193  
**Sports Pavilion Functions venue**, ph Vickie Owens 431 6432 for bookings  
**St Mary's Catholic Church** 10am Wed, 6pm Sat, Maungaturoto  
**Table Tennis** Tues 7.30pm, Sports Pavilion \$2 Pete 431 6822  
**Tennis** Adults Fridays 9.30 and Saturdays 2.30pm ph Sue Skelton 431 6224  
**Ukelele Players** Beginners / experts, Thur 4pm Matakoho, ph Dennise 431 7012  
**Waka Ama** Tue & Thu 5pm, Sun 10am, Pahi Domain, ph Grant 027 474 3856  
**White Rock Gallery** Open 7 days 10am-4pm, in Library building  
**Yoga - Chair Yoga** Paparoa Sports Pavillion Tues & Fri 9.30-10.30am \$7  
**Yoga - Anamana Studio** \$10/session ph Jenny 09 280 9694, 021 114 3370

PLEASE UPDATE US WITH YOUR DETAILS: [press@paparoa.org.nz](mailto:press@paparoa.org.nz) PP

**HOOK, LINE & SINKER**

Fishing is a bit mediocre this month and there are not a lot of snapper around at the moment.



However, there have been a few kahawai and a few gurnard. Some trips I've had are boomers, others not so good.

I can only say keep trying. If you don't have a hook in the water, you are not going to catch anything!

Gravy

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**LOCAL TIDES for July 2016**

**JULY TIDES - CALCULATED for PAHI-WHAKAPIRAU**

DATE	LOW	HIGH	DATE	LOW	HIGH
1st	1.55pm	7.52am	17th	3.01pm	9.03am
2nd	2.56pm	8.55am	18th	3.48pm	9.52am
3rd	3.52pm	9.54am	19th	4.33pm	10.38am
4th	4.45pm	10.48am	20th	5.16pm	11.21am
5th	5.33pm	11.39am	21st	5.58pm	12.04pm
6th	6.18pm	12.26pm	22nd	6.40pm	12.46pm
7th	7.01pm	1.10pm	23rd	7.23pm	1.30pm
8th	7.42pm	1.51pm	24th	8.08pm	2.14pm
9th	8.10am	2.33pm	25th	8.39am	3.02pm
10th	8.50am	3.13pm	26th	9.28am	3.53pm
11th	9.33am	3.57pm	27th	10.22am	4.51pm
12th	10.19am	4.46pm	28th	11.22am	5.55pm
13th	11.11am	5.43pm	29th	12.28am	7.06pm
14th	12.09pm	6.46pm	30th	1.35pm	8.14pm
15th	1.10pm	7.50pm	31st	2.40pm	8.31am
16th	2.08pm	8.47pm			

**Community Directory**

EMERGENCY: FIRE ■ POLICE ■ AMBULANCE dial 111

**COAST TO COAST HEALTH CARE**

Maungaturoto Medical Centre: 8am-5pm Mon-Fri .... 09 431 8576  
 Paparoa Clinic: Doctor Tue + Fri 8.30am-12.30pm..... 09 431 7222  
 For urgent after hours medical service (Wellsford)..... 09 423 8086  
**DISTRICT NURSE** Dargaville Hospital ..... 09 439 3330  
 Healthline - 24 hour service..... 0800 611 116  
**HOSPICE KAIPARA** Dargaville Hospital ..... 09 439 3330  
**KAIPARA DISTRICT COUNCIL** Helpline ..... 0800 727 059  
 Mangawhai Office..... 0800 100 388  
**LINKING HANDS** Health Shuttle Service, Maungaturoto 09 431 8969  
**LIONS CLUB PAPAROA** Secretary Alistair Banks ..... 09 431 6373  
**MAUNGATUROTO CHIROPRACTIC**..... 09 431 8019  
**MAUNGATUROTO PHARMACY**..... 09 431 8045  
**MAUNGATUROTO REST HOME** ..... 09 431 8696

**OTAMATEA COMMUNITY SERVICES** Community House 09 431 9080  
**PAPAROA LIBRARY** Membership free-of-charge, Wheelchair access  
 Mon 1.30-4.30pm, Wed 10am-12noon, Thu 1.30-4.30pm, Fri  
 9.30am-1pm. Open alternate Saturdays 9.30-12.30 (dates above)  
**PAPAROA PLAYCENTRE** during session times.....021 185 2954  
**PAPAROA PLUNKET** Cynthia Keay..... 09 431 8187  
**PLUNKET** Helpline ..... 0800 933 922  
**PAPAROA PRIMARY SCHOOL** ..... 09 431 7379  
**PARENT PORT Inc.** free help for families Linda ..... 09 425 9357  
**PHYSIOTHERAPY** Lyndsay Bargh/ Lynne Butterworth ....09 431 9062  
 Paparoa Tues/Fri 8.30am-1pm. MgtO Mon/Thur from 8am/Fri pm.  
**PODIATRIST / FOOTCARE** Jayne Short 020 4022 6598 09 280 9908  
**YOUTH & WHANAU FOCUS** South Kaipara, Rose ..... 09 431 7418

## HarbourCare planting days involve many



Sue setting out plants

HarbourCare's calendar has been very busy over the tree planting months this May and June, involving many community volunteers and school students. Kaipara gullies and stream banks are gradually being planted up, aiming for over 15000 this year.

The first planting out day at the end of May was held at Sue and Mike Dawson's in Te Pahi River Drive. Although the weather wasn't promising first thing, it turned out fine and sunny and they planted "just a couple of hundred - a bit of a loosener" as Mike said.

At Roadley's property, Batley, the Spark Foundation supplied a gang of people to help local volunteers.

The Primary Industries Class from Otamatea High School visited the Harbourcare nursery, making themselves busy potting up some houhere, doing some weeding, and giving the kanuka a last trim.



OHS Primary Industries students



Junior volunteer Josh at Te Pahi River Dr

Matakohe School's senior students participated in another successful planting out day held at Ruatuna. It is the third year the school group has helped out; as always they were capable and enthusiastic. A real bonus this year was that they were guided through the Ruatuna Homestead, the birthplace of Gordon Coates. PP



Matakohe School visit Ruatuna

## Geckos in the kaipara

New Zealand has around 99 species of lizard which are either skinks or geckos. Little copper-coloured skinks are commonly seen around the garden especially on warm sunny days but geckos are another story entirely.

Geckos have broader heads than skinks and no eyelids (they lick their eyes to keep them moist). Their feet are covered in tiny bristles which helps them climb upside down on any surface which is handy when you live in a tree! Geckos, like skinks, can detach their tail if grabbed by a predator but they need their tail to climb.

These little creatures are very helpful around the garden and help to balance out the insect world. They feed on larger invertebrates including crickets, moths, slaters, earthworms, flies, grubs and caterpillars, grasshoppers, cockroaches, earwigs, slugs, small spiders and many other small insects.



Pictured is the Common Auckland Green and Forest Gecko which can be found in the rich biodiverse Kaipara region. Have you seen any? They are listed as endangered but only in the past decade has the Department of Conservation significantly focused its efforts on these species. Projects include breeding and keeping lizards in captivity, translocation, predator control and habitat protection.

Although the gecko is long lived, it is slow breeding and is very susceptible to change; the loss of New Zealand forests (their safe and nourishing habitat) has had a huge effect on its numbers and survival. They are particularly vulnerable to rats, stoats, wild cats and possums.

New Zealand has a rich and unique range of plants, animals and fungi and our Kaipara region is right up there in its wealth. The level of distinctive biodiversity is as high as such world-renowned ecosystems as the Galapagos Islands.

The gecko is another special little creature that we can all do something towards ensuring its survival. PP

Next month we will give more information on how we in the Kaipara can help to save our geckos.

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